



THE FOOD LOVERS PUB

01946 820239

www.theparkheadinn.co.uk

| EVENING MENU |

Thank you for choosing to dine with us. All our food is prepared and cooked here by a qualified trained chef and only the freshest ingredients are used.

SMALL PLATES

SOUP OF THE DAY — Homemade Soup of the day & warm crusty roll	£3.95	PARK HEAD STACK — Locally made black pudding, Bacon & egg with fried parsley	£5.95
GARLIC MUSHROOMS ON TOAST — Served on toasted bread with dressed rocket & Italian Cheese	£4.95	LEMON PEPPER CHICKEN — Fresh lemon pepper chicken with Pitta bread & coriander crame fraiche	£4.95

MAIN COURSES

We also have homemade chips, curly fries, sweet potato fries & jacket potatoes.

HOMEMADE BEEF LASAGNA — Stonebaked Ciabatta garlic bread, rocket & Italian cheese salad	£8.95	NEW MEATBALL & MOZZARELLA PASTA — Homemade hand shaped steak balls served in a summery fresh tomato sauce with fresh egg pasta.	£8.95
CHICKEN CURRY — served with pilau rice & naan bread.	£8.95	MAPLE GLAZED GAMMON & EGG — Served with flat cap mushrooms, roast tomatoes & homemade chips	£8.95
PARK HEAD STEAK PIE — Chunky beef in a rich ale gravy served with creamy mash & seasonal vegetables	£9.95	GF CUMBERLAND SAUSAGE — Served with creamy mashed potato, crispy fried onion, pan gravy & seasonal vegetables	£8.95
WHITBY WHOLETAIL BREADED SCAMPI — Homemade Tartar sauce, homemade chips, garden pea's, Rocket & Parmesan salad.	£10.95	ASPARAGUS & MASCARPONI RAVIOLI — in a rich tomato sauce topped with mozzarella cheese, served with garlic bread	£8.95
HALUMI & HUMMUS SALAD — Served with new potatoes, Pitta bread, peppers, Onions & rocket salad	£8.95		

PARK HEAD GRILL

| Peri Peri | Caribbean BBQ glaze | Peppercorn sauce | Blue Cheese sauce | £2.95

100Z RUMP STEAK — The Highest Quality Meat From Tony Harrison's Butchers Cockermouth served with onion rings, tomatoes & mushrooms and onion rings	£14.95	PARK HEAD MIXED GRILL — 5oz Steak, Cumberland sausage, Gammon, Black pudding served with fried egg, hand cut chips & onion rings.	£16.95	16OZ T-BONE STEAK — The Highest Quality Meat From Tony Harrison's Butchers Cockermouth served with homemade chips, tomatoes & mushrooms and onion rings.	£23.99
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PARK HEAD BURGER BAR

| Bacon & Cheddar | Grilled Hallumi & Tzaziki | Blackpudding & Stilton | Crispy onion & Camenbert | £1.95 per upgrade

SOUTHERN FRIED CHICKEN — served plain with homemade chips & onion rings	£8.95	LAMB & ROSEMARY — served plain with homemade chips & onion rings	£10.95	100% CUMBRIAN BEEF BURGER — Served plain with homemade chips & onion rings	£8.95
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SUMMER SALADS

| Rocket Leaf | Peppers & red onion | New Potato | Tomato & cucumber |

LEMON PEPPER CHICKEN & CREME FRAICHE	£9.95	SOUTHERN FRIED CHICKEN & SWEET CHILLI	£9.95	CAJUN BLACKENED SALMON	£13.95
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The Park Head Inn was re-opened in October 2014 by the Greenwood family and our mission is to provide top quality pub food to our diners with a warm friendly extra mile service. We listen to our diners feedback and take onboard feedback so dont be afraid to speak up if something hasnt gone right for you.